



Photo: Martin Neptune

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## *Joining of the Branches*

Winter 2004 ~ Issue 2

Penobscot Indian Nation  
Department of Natural Resources

## The Penobscot River Restoration Project: Building Community Assets Along the Penobscot River A Series of Workshops & Community Discussions

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Rhonda Daigle, Water Quality Monitoring Program Coordinator	7326
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A comprehensive economic planning process led by Eastern Maine Development Corporation and funded through a Community Development Block Grant and the National Ocean and Atmospheric Administration is underway to gather community insight and plan for development once the Penobscot River Restoration Project comes to fruition.

Community members are encouraged to attend a series of workshops and community discussions on the culture and history, natural setting, and built environment and business opportunities on the river. An economic visioning session will follow these workshops to prioritize market opportunities that could range from river recreation programs or tourism businesses to infrastructure improvements.

The first workshop, **"Culture and History of the River"** will be held on **Wednesday, January 26, from 6:30 to 8:30 pm at the Penobscot Nation Community Building Gymnasium on Indian Island**. Panelists from Maine Historic Preservation, Maine Forest and Logging Museum, Penobscot Nation and the University of Maine will speak for the first hour. Attendees will then be able to share their knowledge of the river and ask questions of the panelists. This format will be used for all three workshops.

**"The Natural Setting of the River"** workshop will be held **Tuesday, February 1, from 6:30 to 8:30 pm at the Eddington Salmon Club**. Panelists include representatives from the US Fish and Wildlife, the Forest Society of Maine, Penobscot Nation and other outdoor naturalists.

**"The Built Environment and Business Opportunities on the River"** workshop will be held **Wednesday, February 9, from 6:30 to 8:30 pm at the Old Town High School Cafetorium**. Panelists are Steve Levesque of SHL Enterprises and former state commissioner of the Department of Economic and Community Development; Donna Fichtner, Executive Director of the Bangor Convention and Visitors Bureau; a landscape architect and other small business owners.

These workshops lead up to an Economic Visioning Session that any and all interested parties are encouraged to attend. The Visioning will be held Saturday March 5th at the Veazie Community School cafeteria. Interested parties do not have to attend the workshops to attend the visioning session, although summaries of each workshop will be posted at the EMDC website: [www.emdc.org](http://www.emdc.org).

For more information on the workshops please contact Michael Bush or Laura Hoovler at EMDC at 942-6389 or [lmitchell@emdc.org](mailto:lmitchell@emdc.org). Visit [www.penobscotrivers.org](http://www.penobscotrivers.org) to learn more about the Penobscot River Restoration Project.

# Talking Trash

## What you can do with your recyclables ... for now

**F**or those of you who are interested in reducing the amount of garbage you contribute to landfills, you can begin recycling on your own! Even though there isn't a recycling pick-up service on the Island yet you can still bring your materials to the Old Town Transfer Station on Gilman Falls Avenue. For \$5 you can buy a sticker that allows you to bring recyclables and certain types of waste there on Saturdays. Hours of operation are from 7:30am to 5:30pm. Visit the Old Town Public Works web site at [www.old-town.me.us/publicworks/default.htm](http://www.old-town.me.us/publicworks/default.htm) or call them at 827-3974 for more information. Below is a list of what types of waste and recyclables you can bring:

### Plastic

#2 HDPE (High-density Polyethylene) containers - includes milk and water jugs, shampoo and laundry detergent bottles - look on the bottom of the container for a symbol like the one to the right. Please rinse them and take the caps off. **NO** oil or antifreeze containers.



### Paper

- Newspapers and all inserts, all junk mail
- Telephone books and magazines (*loose in brown paper bags*)
- Brown paper bags (*folded inside another brown paper bag*)
- Corrugated cardboard (*flattened*)
- Mixed Paper

### Boxboard

(*flattened and placed in brown paper bags*)

- Gift boxes
- Cereal and other food boxes with paper or plastic inserts removed
- Beer carrier boxes
- Shoe boxes
- Pizza boxes
- Egg cartons
- Christmas paper
- Glossy cardboard



### Metal

- All cans
- Metal lids
- Aluminum-foil wrap
- TV dinner trays
- Pie plates, scrap aluminum

### But NO

Food contaminated metals OR

Cans containing poisons, fuel, insecticides, paint thinner, etc.

### Paint cans

Your paint cans must be empty. You may leave a very thin skin of paint on the bottom and sides of the can but no more than that. The skin of paint must be dry. Remember to recycle the steel lid on the can as well, but to leave it off the can.

### Aerosol cans

Your aerosol cans must be empty. The spray nozzles do not need to be removed for recycling. If the can has a plastic lid, it must be removed.

### Glass bottles and jars

- Clear
- Brown
- Green

*Please rinse all jars, remove metal covers. It is OK to leave the labels on glass containers.*

### DO NOT BRING

*Food contaminated glass  
Light bulbs  
Drinking glasses  
Window glass  
Broken glass  
Ceramics  
Mirror glass*

### Waste Accepted

- Brush, stumps and boards.
- Demolition debris including earth, plaster, mortar, bricks, building blocks, roofing material, sheetrock, plastics and any similar materials.
- White goods, including discarded washers, dryers, refrigerators and stoves.
- Auto body parts and other heavy metal materials.
- Tires
- Used oil

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### Waste NOT Accepted

- Septage and sludges
- Industrial wastes
- Hazardous wastes
- Five gallon or larger drums or containers, unless one end is open and the drums or containers are clean.
- Any wastes found to be generated outside of the municipal boundaries or duly contracted municipalities
- Motor vehicles

Some items that require an additional \$5.00:

All white goods (including microwave ovens)

- Metal bathtubs
- Metal desks
- Metal cabinets
- Metal water tanks
- Snowmobiles
- 55 gal. containers
- Containers larger than 55 gal. must be cut up and will require one ticket.
- Metal items 2 ft. X 4 ft. and larger must have tickets



## Homemade Furniture Polish

Using **1/4 cup vinegar plus a few drops of oil** -- makes for a much better wood cleaner and polish. The vinegar pulls the dirt out of the wood, and the few drops of oil lubricates the wood so that it doesn't dry out.

The best oils to use are those that have the longest shelf life. Olive oil works well. The best choice of all is the liquid wax jojoba, because it never goes ranced. It is found in most health food stores. Boiled linseed oils found in hardware stores have synthetic drying chemicals in them and shouldn't be used.

You can substitute lemon juice for the vinegar. Organic apple cider vinegar is the best choice of vinegar, although not for general cleaning because of the possibility of staining. If you are cleaning something that could possibly stain, use white distilled vinegar.

### Lemon Oil Duster

Traditionally, lemon oil has been used for furniture because it is so lubricating and antiseptic.

10 drops lemon oil

2 tablespoons lemon juice

A few drops olive oil or jojoba

Dip a soft recycled cloth, such as one of flannel, in the lemon oil mixture, and wipe furniture.

*These tips comes from [www.care2.com/channels/lifestyle/home](http://www.care2.com/channels/lifestyle/home)*