



COVID-19

COVID-19 Vaccine Booster Shots

Updated Oct. 27, 2021

Some COVID-19 Vaccine Recipients Can Get Booster Shots

- People 65 years and older, 50–64 years with underlying medical conditions, or 18 years and older who live in long-term care settings should receive a booster shot.
- People 18 years and older should receive a booster shot at least 2 months after receiving their Johnson & Johnson/Janssen COVID-19 vaccine.

IF YOU RECEIVED Pfizer-BioNTech or Moderna

You are eligible for a booster if you are:

- 65 years or older
- Age 18+ who live in long-term care settings
- Age 18+ who have underlying medical conditions
- Age 18+ who work or live in high-risk settings

When to get a booster: At least 6 months after your second shot

Which booster should you get?

Any of the COVID-19 vaccines authorized in the United States

IF YOU RECEIVED Johnson & Johnson's Janssen

You are eligible for a booster if you are: 18 years or older

When to get a booster: At least 2 months after your shot

Which booster should you get? Any of the COVID-19 vaccines authorized in the United States

Choosing Your COVID-19 Booster Shot

You may choose which COVID-19 vaccine you receive as a booster shot. Some people may have a preference for the vaccine type that they originally received, and others may prefer to get a different booster. CDC's recommendations now allow for this

type of mix and match dosing for booster shots.

Learn how you can find a COVID-19 vaccine near you.

IF YOU RECEIVED

Pfizer-BioNTech or Moderna COVID-19 Vaccine

Older adults age 65 years and older

People ages 65 years and older **should** get a booster shot. The risk of severe illness from COVID-19 increases with age and can also increase for adults of any age with underlying medical conditions.

Long-term care setting residents ages 18 years and older

Residents ages 18 years and older of long-term care settings should get a booster shot. Because residents in long-term care settings live closely together in group settings and are often older adults with underlying medical conditions, they are at increased risk of infection and severe illness from COVID-19.

People with underlying medical conditions ages 50-64 years

People ages 50–64 years with underlying medical conditions **should** get a booster shot. The risk of severe illness from COVID-19 increases with age and can also increase for adults of any age with underlying medical conditions.

People with underlying medical conditions ages 18–49 years

People ages 18–49 years with underlying medical conditions **may** get a booster shot based on their individual risks and benefits. The risk of severe illness from COVID-19 can increase for adults of any age with underlying medical conditions. This recommendation may change in the future as more data become available.

People who work or live in high-risk settings ages 18-64 years

People ages 18–64 years at increased risk for COVID-19 exposure and transmission because of occupational or institutional setting may get a booster shot based on their individual risks and benefits. Adults who work or reside in certain settings (e.g., health care, schools, correctional facilities, homeless shelters) may be at increased risk of being exposed to COVID-19, which could be spreading where they work or reside. That risk can vary across settings and based on how much COVID-19 is spreading in a community. This recommendation may change in the future as more data become available.

Examples of workers who may get COVID-19 booster shots: ^[1]

- First responders (e.g., healthcare workers, firefighters, police, congregate care staff)
- Education staff (e.g., teachers, support staff, daycare workers)
- Food and agriculture workers
- Manufacturing workers ۲
- Corrections workers ۲
- U.S. Postal Service workers ۲
- Public transit workers
- Grocery store workers

¹ List could be updated in the future.

IF YOU RECEIVED

J&J/Janssen COVID-19 Vaccine

People ages 18 years and older who received a J&J/Janssen COVID-19 vaccine at least 2 months ago **should** get a booster shot. The J&J/Janssen COVID-19 vaccine has lower vaccine effectiveness over time compared to mRNA COVID-19 vaccines (Pfizer-BioNTech and Moderna).

Your Vaccination Card and Booster Shots

At your first vaccination appointment, you should have received a CDC COVID-19 Vaccination Record Card that tells you what COVID-19 vaccine you received, the date you received it, and where you received it. Bring this vaccination card to your booster shot vaccination appointment.

If you did not receive a CDC COVID-19 Vaccination Record Card at your first appointment, contact the vaccination site where

you got your first shot or your state health department to find out how you can get a card.

Frequently Asked Questions

Are booster shots the same formulation as existing vaccines?

Yes. COVID-19 booster shots are the same formulation as the current COVID-19 vaccines. However, in the case of the Moderna COVID-19 vaccine booster shot, it is half the dose of the vaccine people get for their initial series.

If we need a booster shot, are the vaccines working?

Yes. COVID-19 vaccines are working well to prevent severe illness, hospitalization, and death, even against the widely circulating Delta variant. However, public health experts are starting to see reduced protection, especially among certain populations, against mild and moderate disease.

What are the risks to getting a booster shot?

So far, reactions reported [707 KB, 24 pages] after getting a booster shot were similar to that of the 2-shot or singledose initial series. Fever, headache, fatigue and pain at the injection site were the most commonly reported side effects, and overall, most side effects were mild to moderate. However, as with the 2-shot or single-dose initial series, serious side effects are rare, but may occur.

Am I still considered "fully vaccinated" if I don't get a booster shot?

Yes. Everyone is still considered fully vaccinated two weeks after their second dose in a 2-shot series, such as the Pfizer-BioNTech or Moderna vaccines, or two weeks after a single-dose vaccine, such as the J&J/Janssen vaccine.

When can I get a COVID-19 booster shot if I am NOT in one of the recommended groups?

Additional populations may be recommended to receive a booster shot as more data become available. The COVID-19 vaccines approved and authorized in the United States continue to be effective at reducing risk of severe disease, hospitalization, and death. Experts are looking at all available data to understand how well the vaccines are working for different populations. This includes looking at how new variants, like Delta, affect vaccine effectiveness.

Data Supporting Need for a Booster Shot

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Studies show after getting vaccinated against COVID-19, protection against the virus and the ability to prevent infection with the Delta variant may decrease over time.

Although COVID-19 vaccination for adults ages 65 years and older remains effective in preventing severe disease, recent data [5 MB, 88 pages] suggest vaccination is less effective at preventing infection or milder illness with symptoms over time.

- Emerging evidence also shows that among healthcare and other frontline workers, vaccine effectiveness against COVID-19 infections is also decreasing over time.
- This lower effectiveness is likely due to the combination of decreasing protection as time passes since getting vaccinated, as well as the greater infectiousness of the Delta variant.

Data from small clinical trials show that a Pfizer-BioNTech or Moderna **booster shot increased the immune response** in trial participants who finished their initial series 6 months earlier. A similar clinical trial showed that a J&J/Janssen booster shot also **increased the immune response** in participants who completed their single-dose vaccine at least 2 months earlier. With an increased immune response, people should have improved protection against COVID-19, including the Delta variant.

Related Pages

- > Understanding How COVID-19 Vaccines Work
- > Ensuring COVID-19 Vaccines Work
- > Frequently Asked Questions about COVID-19 Vaccination
- > Examples of Workers Who May Get Pfizer-BioNTech Booster Shots
- > COVID-19 Vaccines for Moderately to Severely Immunocompromised People



For Healthcare and Public Health Considerations for Use of a COVID-19 Vaccine Booster Dose

More Information

ACIP Presentation Slides, October 21, 2021

ACIP Presentation Slides, September 22–23, 2021

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