

RAT



ON THE COVER

This is gratefully extracted from "The Maine Quality of Running", a history of running in the State of Maine by Dick Goodie, an old-time Maine racer and author. It's a great book. Get yourself a copy.

".....Andrew Sockalexis, Indian marathon runner from Old Town, Maine, was fourth in the 1912 Olympics at Stockholm, Sweden. Born in 1892, Sockalexis died at age 27 of tuberculosis. He was second cousin to Louis Sockalexis, Cleveland Indian baseball great. To the end "Soc" believed he could have won Stockholm if 'the team had not been over-trained' and he was allowed to 'run my own race. I did not get word to start my sprint until three miles from the finish', he lamented, 'and the lead secured by the two South Africans was too great to overcome. I finished in fine shape and that night attended a reception and a banquet'. Soc's time over Stockholm's 54-hill course (!) was 2:42:07. He finished second in the Boston marathon twice, in 1912 and 1913. Sockalexis was Maine's first notable runner....."

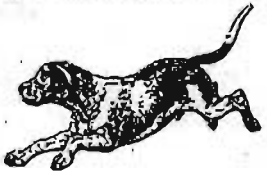
So that's Andy on our cover this month. There's a race named after him held every August in Old Town. We Rats should try to make it up there.

-Maine Quality of Running/Dick Goodie

CONTENTS

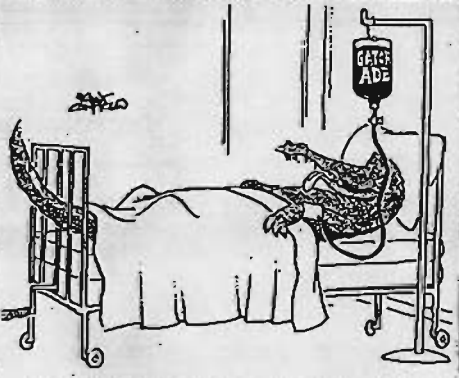
9/29 Lakeville FD 5K.....pp24
 10/5 Bristol, NH 26.2.....pp13
 10/5 Harvard Apple 10.....pp23
 10/6 Scituate TRO/Malley's 10K.....pp19
 10/6 Somerville Foster Memorial 4.....pp19
 10/12 Hartford, Conn 26/13/10K.....pp23
 10/13 Providence, RI Ocean State 26.....pp11
 10/13 Baverhill Bobby Bell 5.....pp21
 10/19 Plymouth DMF 5K.....pp16
 10/20 Duxbury Brittany Lambert 5K.....pp13
 10/27 Canton 10K/5K.....pp16
 10/27 Plymouth Marathon.....pp21
 11/2 Boylston 5 Trail.....pp24
 11/3 Monson 13.1.....pp24
 11/3 Taunton YMCA 5.....pp10
 11/3 Marshfield Rafferty's Pub 5.....pp 8
 11/10 Schenectady, NY 15K.....pp19
 11/10 Framlington, NH Nuta Ridge 13.1.....pp24
 11/16 Carver-Blaiville 5.....pp24
 11/23 East Providence 4.35.....pp24
 11/24 Norwood 4.....pp 3
 11/28 North Easton 5.....pp 5
 11/28 Whitinsville 5.....pp 5
 11/28 Somerville Gobble 4.....pp 5
 11/28 South Weymouth Rodick 5.....pp 5
 12/1 Andover 3.5 XC.....pp 8
 12/1 Framingham GRC Bailey 5.1.....pp10

Features:
 Rat Photographs.....pp 6
 Winter Road Race Schedule.....pp 7
 Letters To The Editorial Board.....pp15
 Fred and Virginia.....pp24
 Road Race Entry Forms.....Center



FRIAR REILLY REALLY TUCKS IT TO COOGAN IN NORWOOD 4 - O'REILLY BEATS MATHEWS

PEMBER (A VIRGIN AT 60) HOT IN AGE DIVISION DEBUT- BIG DOINGS AT TOM CHEVY



Norwood, Massachusetts (11/24)
 4.0 miles
 16th Annual Norwood Turkey Trot

1. Paul Reilly-23.....No. Providence, RI. Eire 19:22
2. Mark Coogan-31.....Exeter, NH. GOG 19:32
3. Eric Morse-34.....Moretown, VT. CMS 20:24
4. ERIC BEAUCHESNE-34-1R.....Chelmsford, MA. GLRR 20:32
5. Tim Moylan-22.....Walpole, MA. CC 20:40
6. JASON CAROIRS-34-2R.....Milton, MA. HFC 20:54
7. Chris Teague-33.....Norwood, MA. GLRR 21:10
8. Chris Forti-23.....Everett, MA. HFC 21:29
9. Bobby Bligh-36.....Cranston, RI. HFC 21:54
10. Steven Neri-34.....Pawtucket, RI. On 22:18
11. Lou Panaccone-42-1M.....Woburn, MA. On 22:22
12. Billy Stanley-27.....Brighton, MA. On 22:23

(596 running)
 (Rolling loop course)
 (52° Sunny and dry)

NORWOOD, Massachusetts - Raw Irish power manifested its destiny at this classic old Sweeney-produced Norwood Turkey Trot held from the sprawling Tom Chevrolet dealership on the scenic (hey, I lie sometimes) Route 1 auto mile and you'll never catch Tom jumping out of the trunk of a lemon a la wacko Ernie Boch.

Guinness man Paul Reilly of North Providence, RI via The Olde Sod and Providence College (naturally) bashed out a CR to whup the livin' bejeezuz outta intemational classer Mark Coogan and darned if both weren't under the old mark set by Drewniakoid Eric Morse, who was here again (from remote Vermont, for some reason) but could only snatch third in a tough field. The pace was very hot (Reilly is a trackie, you know) on a nice day to run except for the wind but it was a tailwind in the end. What also helped is that they made this course easier from the 5-miler days (three years ago), when you had to haul your pretty little buns all the way up the hill to Norwood High School - and then back down.

Hey, speaking of pretty little buns, Reilly brought along his snazzy girlfriend from PC, and Stephanie O'Reilly (no relation - yet) also did a number on the women's CR (Carrie Poole, 23:30) and even beat the very tough Joann Mathews of North Dartmouth in the process. Joann has been hotter than Mexican tamales of late and she's a waitress and ain't it amazing how many fast waitresses there are - as in Mimi Corcoran, but maybe Jimmy can properly support Mimi so she don't have to work no more and can get even faster. Mathews ran 6's but was still a ton behind O'Reilly, who has (naturally) a wonderful accent and is over a foot shorter than her main squeeze, Reilly. She can do better, we feel, and we don't mean with the accent.

Sudsman (and we don't mean detergent) Eric Beauchesne was top Rat in third and picked up some of the generous cash awards, while mere kid Tim Moylan from Quinnipiac College nosed out Hurtin' For Certain star Jason Cakouros for 5th. The HFC's were a force here with three in the top nine and may have won some team money, I think. They may also have dropped a lot of it at the post-race scene at the Ground Round, which has superseded Lewis's Barroom on the Tom Hurley post-Norwood list of official watering holes since the clientele is better (except for the runners, that is).

Big news in the age division rumbles was the debut of lean machine Dave Pember as a 60-year older. He got some stiff competition from Bob Tomassini of the aging Framinghams, but Pember was simply too strong in the downhill finish. The wrinkled babes also made up a tough field with Debbie Mueller beating Madalena and Mlae while perennial studette Sue Kenney was off nursing a bum foot and was thus a no-go. Husband Brian upheld family honor by ripping the nipples off a very bloody and chagrined Ted Tyler in a savage battle for 362nd place in the enormous field which used to drive the Norwood police nuts on the old 5 mile course that tied up traffic more than a 10-alarm fire at a strip joint. This is a better layout for police work.

The race drew many outlanders, with Morse down from Moretown, VT, Coogan from Exeter, NH, Dave Mayall from around Acton way, Carlton Smith from Fall River, and Team Byrne/Jacobs from NH. Better still was the destination of runner-up Coogan, as the old Attleboro lad was off to Singapore for the early December Singapore Marathon. I make it a rule never to run marathons in areas where you might be bitten by poisonous snakes or foot-high spiders.

Official Race Song - "The Happy Organ", Dave "Baby" Cortez, 1966.

Other FSR Subscribers:

35. Brian Applebaum-45.....un 24:26
36. Mike Menovich-53.....NMC 24:29
39. Jean-Guy Barra-50.....HFC 24:34
40. Ardy Smith-4.....un 24:37
46. Deb Mueller-42.....un 24:57
51. Brian Byrne-53.....NMC 25:09
53. Madal. Boudreau-41.....MM 25:14
57. Mlae Jacobs-52.....NRT 25:23
58. Joe Kvilhaug-52.....BAA 25:28
61. Nancy Cahalane-42.....BAA 25:48
63. Jorge Espada-53.....SoRR 25:51
66. Steve Smith-31.....CSR 25:58
81. Oldbones Pember-60. RIR 26:51
83. Amanda Logan-22.....KID 26:59
93. Paul Clark-33.....SoRR 27:23
96. Jim Croke-37.....SoRR 27:41
101. Jeff Sprung-45.....un 27:48
104. Den. Tetreat-42.....un 27:55
106. Tom Yallope-44.....CRR 27:58
129. Rich Paulsen-59.....DFS 28:43
142. Martha Huston-42.....RIRR 29:11
146. Fred Zuliger-65.....RIRR 29:20
150. John McGourty-43.....un 29:26
155. Don Slason-45.....un 29:32
161. Mike Hagerty-43.....un 29:40
174. Tom Stracquelursi-28.....un 30:01
176. Ed Noland-45.....un 30:01
181. Jeanne Vieira-48.....BMW 30:07
269. Tom Berlily-45.....SoRR 32:56
277. Barry Singer-56.....NMC 33:11
278. Bob Rantucci-56.....un 33:12
290. Emer O'Donoghue-40.....NMC 33:24
330. Suzanne Dume-43.....RI 34:33
362. Brian Kenney-45.....RIRR 35:23
388. Ted Tyler-61.....GRC 36:06
402. Dick Pierce-53.....un 36:36
437. Bob Coburn-61.....un 38:08
476. Laury Turkalo-42.....DMS 39:33
495. Dave Turkalo-45.....LIMS 39:53
516. Dave Regan-75.....NE65 40:58
522. Paul Butler-53.....MER 41:26
539. Mary Tyler-50.....GRC 41:59
560. Wes Chadbourne-65.....PTC 44:28
565. Joe Murray-45.....LST 45:00
572. AnnMarie Donald-64.....un 47:15
585. Dave Mayall-60.....un 49:29
589. Carlton Smith-60.....FSAC 50:29
595. Jane Goodham-64.....un 61:22
596. Ed Damish-75.....GRC 61:59

Babes:

16. Steph. O'Reilly-23.....Eire 22:36
27. Joann Mathews-35.....MM 24:03
46. Debbie Mueller-42.....un 24:57

Old Part Division:

11. Lou Panaccone-44. Ital 22:22
14. Steve Jackson-41.....HFC 22:29
17. Chris Kelly-43.....un 21:54

Pickled Prostate Division:

36. Mike Menovich-53.....NMC 24:29
39. Jean-Guy Barra-50.....HFC 24:34
44. Peter Carlsson-51.....un 24:52

BOAR Division:

61. Dave Pember-60.....RIRR 26:51
85. Bob Tomassini-62.....GRC 27:02
100. Bill Catalucci-61.....un 27:47

MCY Division:

496. Jack Curtin-71.....un 39:55
516. Dave Regan-75.....CRR 40:58
596. Ed Damish-75.....GRC 61:59

Brine Pickle Division:

46. Debbie Mueller-42.....un 24:57
53. Madal. Boudreau-41.....MM 25:14
57. Mlae Jacobs-52.....NRT 25:23

Old Ben Division:

238. Sheila Noe-51.....un 31:46
243. Edith Stevens-50.....un 31:52

CAN'T GET ENOUGH OF THIS NOXIOUS RAT STUFF?
 THEN VISIT - WWW.HOCKOMOCK.NET