Penobscot Nation Community Flyer



January 2025

DIAL '817' + Ext

TRIBAL ADMINISTRATION

Ext

Main Line Reception	Front Lobby	7300

Chief's Office			
Fax 207-817-74	82 or 207-827-6042	Ext	
Kirk Francis	Tribal Chief	7350	
Mark Sockbeson	Vice Chief	7308	
Theresa Pardilla	Exec. Asstistant	7349	
Tril	oal Clerk's Office		
Fax 20	7-827-1136	Ext	
Linda Socoby	Tribal Clerk	7351	

TRIBAL DEPARTMENTS

Cultural & Historic Preservation		Ext
James Francis	Director/Historian	7472
Gabe Paul		7470
Chris Sockalexis		7471

Daycare Center		Ext
Tricia Stewart	Family Supp. Spec.	7461
Daycare Staff	Daycare Wireless	7462

Domestic Violence Program		Ext
Jessica Ward	DV/SA Serv. Coord.	7448
Brooke Mitchell	DV/SA Advocate	7446
Jessica Sockbeson	Shelter Coord.	7449
24-Hour Crisis Hot Line 207-631-4886		

Economic Development		Ext
Michael Burgess	Director	7398

Education / Career Services			
Fax 817-7369			
Candi Ewer	Director	7348	
Carlene Miller	Learning Center	7345	

Finance Department			
Fax 8	117-7309	Ext	
Susan Thompson	Director	7317	
Shannon Smith	Trust Fund Clerk	7311	
Cindi Marley	Acct. Tech.	7313	
Edwina Mitchell	Accounts Payable	7314	
Vivian Fields	Payroll Clerk	7315	
	Staff Accountant	7318	

Fitness Center		Ext
Paul Dow	Fitness Trainer	827-8012

Grants & Contracts			
Fax 827-1139		Ext	
Andrew Dana	Director	7332	
Michelle Foose	Grants & Impact Mgr	7307	

Health Center			
Fax 817-7459		Ext	
Main Line Medical Front Desk 7400			

Housing Department		
Fax 8	17-7384	Ext
Reg Cardinal	Director	7372
Lisa Pardilla	Reception	7370
Sonya Easley	Accounting Tech.	7371
Chloe Amewin	Accounting Asst.	7451
Kelsey Flores	Grants Manager	7389
Andy Sockbeson	Maintenance	7375

Human Resources Department		
Fax	817-7463	Ext
Lloyd Bryant	Director	7306
Shannon Sapiel	HR Assistant	7312

IT Department		Ext
Jeremy Williams	IT Manager	7302
Josh Woodbury		7477

Legal Department		
Fax 817-7463		Ext
Mark Chavaree	Legal Analyst	7324

Maintenance / Public Works		Ext
David Pardilla	Director	7320
Chris "Charlie" Francis		7321

	Museum	Ext
Jennifer Neptune		827-4153

Department of Natural Resources		
Fax 817-7466		Ext
Chuck Loring	Director	7330
Faye Lawson	Executive Secretary	7331
Ben Stevens	Forest Manager	7339
	GIS	7341
Dan Kusnierz	Water Quality Mgr.	7361
Josh Paul	Air Quality	7340
Ben Simpson	Wildlife Res. Mgr.	7363
Dan McCaw	Fish Passage	7377
Game Wardens		7395

Nick S	apiel Building	Ext
Jo-Ann Lolar	Lobby	7303

PENOBSCOT NATION PHONE DIRECTORY

Social Services		
Fax 817-3166		Ext
Michael Augustine	Director	7336
Elisha Sockbeson	Asst. Director	7352
Rhonda London	Business Manager	7347
Natasha Fields		7492
Kristina Small	Elder Advocate	
Clarice Chavaree-Hildreth		7491
Nastassja Graves	Admin Asst/Case Aid	7356
Mali Williams	Program Coordinator	7355

Treatment Plant		
Fax 827-7609		Ext
Matt Pardilla	Plant Superintendent	7385

Tribal Court		
Main Line 827-3415		
Fax 827-3430 Ext		Ext
Rebecca Winter	Court Administrator	7310
Rhonda Decontie	Court Clerk	7327
	Deputy Court Clerk	7329
Kylee Francis-Fowler	Peer Recovery Adv.	7342
Colleen O'Neal	Case Manager	7396
Chris King	Case Manager	7328

Department of Trust Services		Ext
Carole Binette	Director	7378
Millie Paul	Executive Secretary	7383
Ronald Bear	Land Coordinator	7379

Youth Program		Ext
John Neptune	•	7364

Indian Island School 207-827-4285

Noli Assisted Living 207-827-0968

PUBLIC SAFETY NON-EMERGENCY DISPATCH 207-817-7358

Penobscot Support Services / PINE 207-817-0373

Notice to Those Attending Council Meetings via Zoom

*To ensure proper inclusion in the council meeting, **Please make**sure your full name (first and last) is clearly visible on your Zoom
profile when joining the meeting.*

Why this is important:

 Names not on our census or anonymous names may prevent you from joining the meeting and once removed, Zoom will not let you rejoin.

How to update your name on Zoom: (via DESKTOP)

- 1. <u>Before</u> joining the meeting, click on your Zoom profile picture or name.
 - 2. Select **Rename** and enter both your first and last name.
 - 3. Click **OK** to save your changes.

How to update your name on Zoom: (via MOBILE APP)

- The steps are very similar. <u>After</u> joining the meeting, tap the screen to bring up the controls.
- 2. Tap on your name and select **Rename**. Enter your full name and tap **Done**.

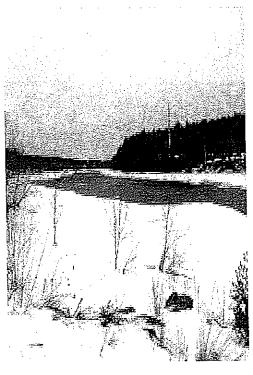
Thank you for your cooperation and for helping us keep our meetings within our Community!



Mondays and Wednesdays 5 to 6:30p

*Understand addictive behavior *Learn skills to be successful in recovery *Find supportive peers

PENOBSCOT NATION SOCIAL SERVICES LOW INCOME HOME ENERGY ASSISTANCE PROGRAM



It's that time of year when LIHEAP Program will start taking applications. To help ensure that everyone can view a copy of LIHEAP plan, it has been posted at www.penobscotnation.org and available as a hard copy at Social Services building located at 2 Down Street, Indian Island. Please call (207) 817-7491 for more information. As always, please feel free to share any comments or questions. Please see below for the intake schedule for the FY 2025 LIHEAP year.

Please Note:

LIHEAP Applications will be taken **by appointment only** starting November 1st, 2024 and will be ending on March 20th, 2025.



FRIDES

Schedule Your Ride

Please call for a ride on Wednesday afternoons between 1:30-4:00, if you would like to go to grocery store or the food pantry **and** live on the island. Priority given to Elders.

Reserve your spot Wednesday afternoon

Call or Text 631-4238

If you leave a message leave your name, number, and address

> Social Services 817-7491



Food Pantry open on Fridays Hours:

Seniors: 9:30 – 10:30

General Public:

10:30 -12:00

(You must meet the Low-Income guidelines)

Please use the back left side Door

Don't forget to bring your shopping bags.

TANUARY SENIOR MEALS 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Look for our senior activities!!	Menu subject to change w/o notice 1 % milk available at lunchtime	1. Closed for the observance of the New Year 2025	2 Chicken & Broccoli alfredo toss salad fruit	3 American Chop Suey Cole Slaw fruit
	HAPPY NEW YEAR!!			
9	7	80	6	10
Ham steak Au Gratin potatoes spinach fruit	Baked chicken mashed potatoes cranberry sauce corn fruit	Corn Chowder toss salad fruit	Spaghetti w/sauce & veal, veggies in dill dressing	French Toast sausage yogurt fruit
13		15	16	17
Kielbasa w/peppers noodles w/alfredo broccoli fruit	Pork chops mashed potatoes spinach applesauce	Hamburger Soup toss salad fruit	Sweet & sour chicken rice carrots fruit	Tuna sandwich w/lettuce & tomatoes cup tomato soup fruit
20		22	23	24
Closed for the observance of Martin Luther King Day	Baked macaroni & cheese hot dog peas fruit	Chicken rice vegetable soup toss salad fruit	Shepherds' Pie green beans fruit	Cereal banana bagel yogurt
27	28	29	30	31
Hot ham & cheese sliders, veggies in dill dressing fruit	Meatloaf mashed potatoes broccoli fruit	Fish Chowder toss salad fruit	Macaroni casserole pickled beets fruit	Cold turkey sandwich carrot sticks fruit

The Penobscot Nation Department of Education & Career Services

We offer the following programs and services:

- Library and Computer lab
- Assistance with school- new and returning students
 - FAFSA completion
- Information on Colleges/Universities that offer a Native Waiver
- Programs to assist with new employment and small business start-up
 - Short-term employment training (WIOA)
 - Short-term credential attainment
 - Resume and job search assistance

College of the Atlantic (Bar Harbor, Maine) now offers a Wabanaki Tuition Waiver. Eligibility, guidelines and required documentation can be found on the website.

https://www.coa.edu/admissions/financial-aid/wabanaki-tuition-waiver/

Other colleges/universities that offer a Native Waiver: University of Maine System,
Maine Maritime Academy, Maine Community College System.

Each Native Waiver program is independently managed by the college/university they are implemented at.

If you would like more information about Native waiver programs or any other programs we offer, please reach out to us!

Candi Ewer, <u>candi.ewer@penobscotnation.org</u>, (207) 817-7348

Carlene Miller, carlene.miller@penobscotnation.org, (207) 817-7345



STARTS JANUARY 23, 2025 ONLINE VENTURING FORTH

In this 60-hour in-depth business planning class, we will cover the following topics: your customer, competition, marketing, record keeping, taxes, financing, and legal considerations. At the end of the class, you will have a complete business plan. Class size is limited.

An application, attendance at the orientation session, and an interview are required.

Application Deadline: Friday, January 17, 12:00 Noon Orientation Session: Tuesday, January 21, 9:00 - 10:30 a.m. Interviews: January 21-22 to be scheduled individually on Zoom

First class: Thursday, January 23, 9:00 a.m. – 2:30 p.m.





Class Dates & Times
Thursdays
January 23 – April 10
9:00 a.m. – 2:30 p.m.

Apply by: Friday, January 17, 2025 at 12:00 Noon

Free Class
Open to Maine Adults
Online Via Zoom
Class Size Limited to 15

To sign up, visit: bit.ly/NVMEClasses

New Ventures Maine is a program of the University of Maine at Augusta, University of Maine System, an equal opportunity/affirmative action institution.

Questions?

Contact Banjo 207-262-7842 oyebanjo.ogunlela @maine.edu Acadia National Park and Katahdin Woods and Waters National Monument has several maintenance and laborer positions open. The jobs are open on a rolling basis until the spring. Some positions may offer housing.

WG5 Maintenance Worker https://www.usajobs.gov/job/822872700

WG7 Maintenance Worker: https://www.usajobs.gov/job/823959900

WG5 Laborer (Motor Vehicle Operator): https://www.usajobs.gov/job/824181600

WG5 Maintenance Worker (Trails): https://www.usajobs.gov/job/824283300

WG7 Maintenance Worker (Trails): https://www.usajobs.gov/job/824286500

Or visit **USAjobs.gov** and search by: 'Acadia National Park and Katahdin Woods and Waters National Monument'.

If you need any help applying, please reach out to the Department of Education and Career Services.

Candi Ewer, <u>candi.ewer@penobscotnation.org</u>, (207) 817-7348 Or Carlene Miller, <u>carlene.miller@penobscotnation.org</u>, (207) 817-7345

PENOBSCOT NATION DEPARTMENT OF EDUCATION & CAREER SERVICES 12 Wabanaki Way, Indian Island, ME 04468

New CDL Training Opportunity!

Please reach out to us if you need help with registration.

Candi Ewer, <u>candi.ewer@penobscotnation.org</u>, (207) 817-7348 or Carlene Miller, <u>carlene.miller@penobscotnation.org</u>, (207) 817-7345



DRIVE INTO A NEW CAREER!

About this program:

In partnership with Ancora Training, EMCC is offering all 60-hour Class A CDL program which will provide students with hands-on training to operate tractor-trailers on the road and at pick-up & delivery points. This Entry-Level Driver Training (ELDT) complies with the standards set forth by the Federal Motor Carrier Safety Administration (FMCSA) and will prepare students to sit for the commercial driver's license exam and begin a lugrative career in the transportation industry.

Accepted applicants must be able to pass a ME DOF <u>physical</u>, <u>drug screen</u>, and <u>background check</u>.

Applicants with current & valid CDL Permits could be fasttracked through the admissions process.

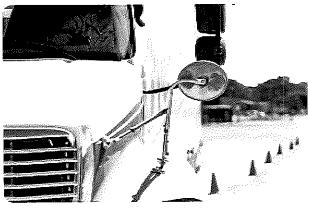
COST: FREE!

All costs, including tuition, textbooks, materials, & exam fees will be covered with grant funding through the Maine Jobs & Recovery Flan.





The Maine Community College System is an equal apportunity/affirmative action institution and employer



2025 DATES TBD

MULTIPLE SCHEDULES AVAILABLE:

Mon-Fri Daytime (4-week course)
Mon-Fri Evening (8-week course)
Weekends (8-week course)

LOCATION:

In person class sessions:

EMCC Campus - Bangor

Driving range sessions:

TBD

PRE-REQUISITES:

18 years old Maine State Resident Current/Valid Driver's License

TO APPLY:



Submit an Interest form by scanning the QR Code!

Or contact: emccworkforce@mainecc.edu (207)974-4665 PENCESCOT NATION HOUSING DEPARTMENT TEL: 207 / 817-7870



12 WABANAKI WAY INDIAN ISLAND, MAINE 04468 FAX: 207/81T-7384

What is a Work Order?:

The Housing Department utilizes a Work Order to track the status and progress of the work that is requested. Upon hearing about a problem or repair need a Work Order is established that lists the essential information, including: the address, person, and a description of the problem.

Tenant reporting of problems or issues is highly encouraged. Often times by addressing a problem early we can avoid major expenses later and reduce inconvenience to the tenant.

How to Initiate a Work Order:

A tenant may initiate a Work Order by contacting the Housing Department at 817-7370 and requesting a work order be developed. Tenants may also obtain a Work Order by going directly to the Housing Department Office at 1 Nohkomess Street, Indian Island.

Under no circumstances shall work orders be accepted from tenants on a casual or verbal basis. Your work order requests are important. The best way to get them recorded is by having them entered into our Work Order system, which requires contacting our office directly.

Emergency Work Orders:

An *Emergency* condition is one that threatens the life, safety, or health of the occupants or severely affects the dwelling unit / its immediate premises. All emergency work orders will be identified as such. Our goal is to respond within 12 hours or sooner.

During non-work hours (M-F, 8 to 4:30), Emergency Work Orders should be initiated by contacting the Police Dispatch at 817-7358.

The Police Dispatch will contact a housing employee to inform them about the problem. DO NOT call the Housing Department and leave a message for an emergency during non-work hours.

Summary of Key Tenant Responsibilities

- 1. The Tenant or their designee is encouraged to be present in order for Housing Department staff to enter the home and complete Work Order requests.
- 2. If the Tenant is not around and a mutually agreeable time to inspect and/or repair the problem can't be found the Tenant will be asked to grant permission to enter the home without them being present.
- 3. The Lease requires 24 hour notice to the tenant to enter a home for a repair or inspection. An emergency situation does not require notice.
- 4. Per the Lease Agreement with the Housing Department, the tenant must 'Permit MANAGEMENT reasonable access to the premises for the purpose of performing periodic inspections, for making improvements or repairs, to show the premises for re-leasing, and carrying out their normal course of duties.
- 5. Tenants must Promptly notify MANAGEMENT of need for any repairs to the leased premises.

PENOBSCOT NATION HOUSING DEPARTMENT

The Penobscot Nation Housing Department is currently taking applications for the Penobscot Elder Apartment Building located at 2 Nohkomess. Applicants must be 55 years or older. Rent is determined based on household income, and ranges from 20 to 30% of the household income. Household income limits are listed on the chart below:

INCOME LIMITS FOR PENOBSCOT NATION ELDERLY BUILDING

Low Income Housing Tax	60% median income	50% Median income
Credit		
1 Person – Maximum	\$39,780	\$33,150
income		
2 Person – Maximum	\$45,420	\$37,850
income		

Amenities include:

Onsite dumpster for trash, snow plowing, intercom system, four laundry rooms, camera security systems throughout the building. In addition, lunch is served Monday through Friday on the first floor.

Please contact <u>Lisa Pardilla at 817-7370</u> if you are interested in applying or have any questions.



RADON AIR TESTING FOR HOMEOWNERS

Radon Gas

Is the second leading cause of lung cancer and the leading cause of lung cancer in nonsmokers in the U.S. Radon is a naturally occurring radioactive gas that can be present in some homes at concentrations that are dangerous to you, your family, and pets.

The test is a small canister that has charcoal in it to collect the radon in the air. The canister will remain in the home for two-three days.



FREE RADON TESTING
FOR PENOBSCOT
HOMEOWNERS

HOME MUST BE IN SERVICE AREA

INCOME MUST BE BELOW 150% MEDIAN INCOME BASED ON HUD GUIDLINES.

APPLICATIONS WILL
BE AVAIBLE THROUGH
THE TRIBAL WEBSITE
OR CAN BE PICKED UP
AT THE PENOBSCOT
NATION HOUSING
DEPARTMENT

PENOBSCOT NATION HOUSING DEPARTMENT

2 Nohkomess Street Indian Island, ME. 04468 207-817-7370

Call with any questions!

COMMUNITY NOTICE: TRIBAL ID CARDS

There will be a \$5.00 charge for a duplicate ID card.

This charge is <u>only</u> for duplicate ID's.

The first initial ID is still FREE.

The new Administration building will not have our ID printer on site, it will remain at the Nick Sapiel Building. Making an appointment will ensure that there will be someone to meet you there to make your ID.

Appointments can be made with Tia at 207-817-7300 OR 207-817-7349.



Paid volunteer position

An opportunity to serve as an AmeriCorps member and receive training to conduct energy audits and do heat pump maintenance & installations.



Locations Serviced in State of Maine

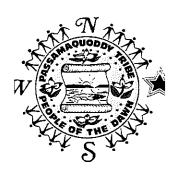
- Penobscot Indian Nation
- Houlton Band of Maliseet Indians
- Passamaquoddy Tribe at Pleasant Point
- Mi'kmaq Nation

11-month program - February 2025 - December 2025 40 hrs/week position

Members receive a living allowance and an educational award upon completion.







Apply Today!



For More Information:

Kelsey Flores kelsey.flores@penobscotnation.org (207) 401 9498



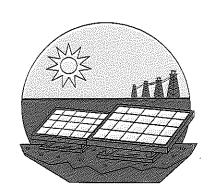
Penobscot Nation Energy Resilience Commitee

We are assembling a committee of Penobscot community members who have an interest in learning more about renewable energy and resilience.

Are you interested in?



Solar
Heat Pumps
Weatherization
Grid Resilience
Wind Power



Home Energy Efficiency

Please join us at our first meeting!

Thursday, January 23, 2025 5:30PM-6:30PM

Sockalexis Arena, Indian Island Refreshments will be provided!

Help support your tribe by establishing projects, having a hand in quality control and commit to energy efficiency!

Contact Kelsey Flores with any questions! kelsey.flores@penobscotnation.org | (207)-401-9498



Grid & Climate Planning Presentation Tentative Date:

Thursday 1/16/25, 5 PM - 7 PM.

Join representative Judy Long for a brief presentation on Versant Power's plans to prepare their grid for future trends and changing environmental conditions!

Refreshments will be provided.



Location: Sockalexis Arena - Indian Island



Contact Kelsey Flores with any questions kelsey.flores@penobscotnation.org | (207)-401-9498





Penobscot Nation ELDER CLUB

Any Elder over 55 years of age?

Looking at joining a club to meet friends and family? Please consider joining the Elders club

We have Bake Sales, Bingo games, Exercise class, Various Raffles throughout the year, Community days planning, Christmas fund Raisers, we're always looking for new ideas.

We offer Trips and other functions that we all agree upon. We meet the second Monday of the month at noon, at the Nohkomess building on Indian Island.

We're looking for Elders who are currently Employed or unable to make the noon time meeting, we will start offering an Evening meeting, or a Saturday meeting,

<u>cindylu524@gmail.com</u> or send me a private message on Facebook Thanks Please contact me.

Cindy Nicola – President of the Elder Group

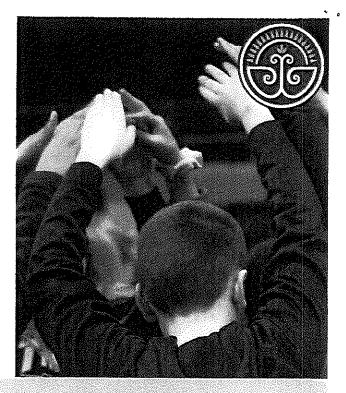
Join Youth Council!

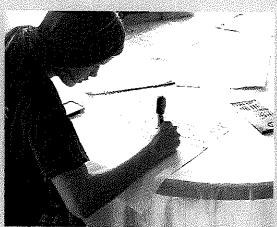
Are you interested in becoming a leader in your community? Want to make a difference? Use your voice to create opportunity and change? We invite you to join Youth Council!

What is Youth Council?

Youth Council is a fun and inclusive youth-led group that amplifies youth voice to implement change, build leadership skills, and connect with other youth in community.

For more information please contact April Lola at alola@wabanakiphw.org





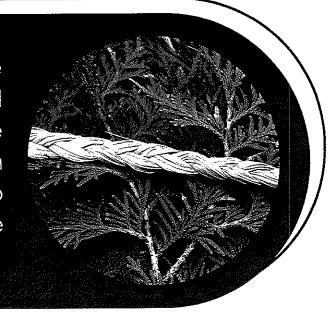


JOIN THE WPHW TRIBAL ELDER ADVISORY COUNCIL



WPHW is forming a Tribal Elder Advisory Council (TEAC) to guide research creation and review. Tribal elder guidance ensures that research projects will be conducted in a way that protects, benefits, and honors Wabanaki peoples.

At WPHW we want to encourage traditional knowledge, culture, and language keepers to apply for the council so that we may learn from your wisdom and forge a path to preserving and honoring our culture in everything that we do.



Participants Will Be Compensated. If You Are Interested In Joining Contact Charlene Huerth at

CHUERTH@WABANAKIPHW.ORG Or 207-991-1025.

woliwon | wela'lin | wèliweni



Penobscot Nation Tribal Farm

Greetings Everyone!

Now that the 2024 planting, growing, and harvest season is ending I wanted to share with you, the Penobscot community, a brief update on our Tribal Farm. Many might say, "Tribal Farm?! I didn't even know we had one!" I hear that a lot! And in the coming year I'll be working extra hard to keep you in the loop of all the exciting happenings and to invite you in.

The Penobscot Nation Tribal Farm started coming to life in 2022 on tribal fee land located 5 miles away in Bradley. Management of the farm is through the Agriculture Program within the Department of Natural Resources. It is funded by grants from the Native American Agriculture Fund and other small grant funders. The Farm has field crops, a growing fruit tree orchard, strawberries, herbs, a high-tunnel hoophouse like the one at the community garden on the Island. This past season we supplied hundreds of pounds of farm grown veggies to the food pantry, to Senior Meals, and within the community with pop-up farm stands.

I appreciate all the helping hands that have contributed to the farm's growth. It truly takes a village! As we head into winter I wanted to share two upcoming opportunities in the new year to participate in happenings at the farm. More details to come:

Introductory Beekeeping Workshop/ What's All the Buzz? (Saturday March 1) We will host a day-long workshop for anyone interested in learning and becoming part of our "Bee Team." A partnership with the Penobscot County Beekeepers Association. This will be followed by an open hive event at the farm a few weeks later.

Mid-Winter Community Visioning Sessions (late February/early March) Be a co-creator of our Tribal Farm. Join a facilitated community conversation over a warm meal and tea.

We have a Facebook page in case you'd like to follow us: Penobscot Nation Farm I love spontaneous community conversations so don't hesitate to stop me to chat. Recently an elder gentleman stopped to tell me how delicious the green beans were that he got from the farm stand. This makes my day!

Wishing you and your family happiness and abundance this harvest season,

~ Maria Girouard, Agriculture Program Manager, maria.girouard@penobscotnation.org

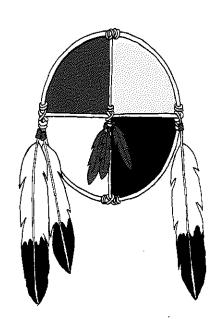
Local Weekly Wellbriety Meetings



MONDAYS- 6:00pm-7:00pm

Parish Hall (St.Anne's Church) 6 Down st Indian Island

ZOOM ID: 827 8498 0702 PW: Wellbriety



Monday Step Work

WABANAKI Building 157 Park St, 3rd floor 1:30-2:30

THURSDAYS-4:30pm-5:30pm

142 Center St. Brewer (BARN)

ZOOM ID: 226 106 2971 PW: 14 21 42



FRIDAYS-12:30PM-1:30PM

157 Park St Bangor (WABANAKI PUBLIC HEALTH)

3rd floor end of the hall

ZOOM ID: 812 9255 3652 PW: 32 43 81





MENDING BROKEN HEARTS

The Mending Broken Hearts program provides culturally-based healing from grief, loss, and intergenerational trauma.

Join us every week for a group that offers healing and wellness to support growth through grief and loss, beyond generational trauma, toward healing for self and future generations.

This group will run for 16-weeks.

DATES:

WEDNESDAYS 11/20/24 - 3/5/25

TIME:

3:00PM

WHERE:

NOLAWESI @ PNHD

SNACKS & DRINKS PROVIDED







For more information about this group and/or to sign-up, call: (207) 217-0529 or (207)-817-7342

List of Day and Night Warming Centers for Penobscot County in Bangor

Mansion Church – 96 Center Street, Bangor (207) 249-9154 November 1st, 2024 through March 31st, 2025 Hours: 6 pm – 7 am, 7 days a week - Can accommodate 30 guests Access to Showers and Laundry No violence, drugs/alcohol on premises. Bag searches/pat downs.

Brick Church – 126 Union Street, Bangor (207) 307-7848 November 15th, 2024, through April 15th, 2025 - Hours: 4 pm - 7am, 7 days a week. Dinner at 4 pm. Can accommodate 30 guests. (will accommodate for more in case of extreme weather) No violence, drugs/alcohol on premises. Bag searches.

Bangor Area Shelter – 263 Main Street, Bangor (207) 947-0092 Day Center: Open Year-Round, 8 am – 4 pm Night Warming Center: December 4th, 2024, through the night of March 21st, 2025 - Hours: 6 pm – 5:30 am, 7 days a week; Daytime 8-4pm 38 Chairs - can make more room if needed on cold nights. 4 extra shelter beds No violence, drugs/alcohol on premises. Bag searches.

The Well Warming Center/Jericho Road – 146 B Center Street, Bangor (207) 944-3961 December 16th, 2024, through March 31st, 2025 DAYTIME Warming Center Hours: 7 am – 4 pm, Monday – Saturday - Access to Showers and Laundry No violence, drugs/alcohol on premises. Bag searches/pat downs.

SHELTERS:

Shaw House - 136 Union Street, Bangor (207) 941-2874

Youth until 21st birthday. Open 24 hours. Call (207) 941-2874 or come by for shelter. Call 947-0092 for intake.

Penobscot Nation DV/SA Advocacy Center – (207) 631-4886

Partners for Peace - Call Helpline: 1-800-863-9909 For individuals fleeing Domestic Violence, Sexual Trafficking, Sexual Assault and/or Stalking.

DAY RESOURCE CENTERS:

HEART Center - 304 Hancock Street, Bangor (207) 606-5006

Daytime Harm Reduction Resource Center: Hours: 8:30-5 pm Monday through Sunday Housing Navigation, Peer Recover Coaches, Homeless Response Access Point

Together Place - 2 2nd Street, Bangor (207) 941-2897

Peer Run Recover Center: 8am-4 pm Monday through Friday. Intentional Peer Supports, Recovery Groups - Check Website/Facebook for additional events and meals. Day Program: 8 am-7pm 7 days a week

Hope House - 179 Corporate Drive, Bangor (207) 217-6713

Call for intake. Will be opening 8 life safety beds for snowstorms, low temps, and extreme weather. Hope House will notify the public when opening the additional spots. Reach out for bed availability.

Bangor Area Shelter – 263 Main Street, Bangor (207) 947-0092

IN NEED OF IMMEDIATE HELP? WABANAKI CARE LINE - 1-844-2622 FREE, CONFIDENTIAL 24/7



Start Your Recovery With Us and Say: Nolawesi "I Live Well"
Penobscot Nation Health
Department MAT Program
23 Wabanaki Way, Indian Island
217-3579







Penobscot Nation Department of Public Safety

"Work with us to fight drug abuse"

HELP FIGHT DRUGS.

Text anonymous tips to the Bureau of Indian Affairs, Division of Divig Enforcement to fight drug abuse in Indian Country and Solo keep your tribal communities safe.



Example

Text Number 847411

Type

- -BIA..(example: John DOE is selling drugs from 123 Main Street on the Penobscot Indian Reservation.)
- -Hit Send
- -Important Note: Your telephone number does not come through the tip line and is completely anonymous however, you can leave a

contact number if you desire.

A service of

United States Bureau of Indian Affairs, Division of Drug Enforcement



Pine Tree Legal Assistance, Inc. Indigenous Peoples Unit

About Us

Pine Tree Legal Assistance, Inc. (Pine Tree) is a legal-aid nonprofit with offices in Bangor, Machias, Presque Isle, Augusta, Lewiston, and Portland.

The Indigenous Peoples Unit provides free legal services to low-income members of the Mi'kmaq Nation, the Houlton Band of Maliseet Indians, the Penobscot Nation, the Passamaquoddy Tribe, and to other Indigenous people residing in the Wabanaki communities or in Maine.

Contact Info

CALL CENTER - (207) 942-8241			
Mondays	12:00 PM to 2:30 PM		
Tuesdays	9:00 AM to 11:30 AM		
Thursdays	9:00 AM to 11:30 AM		
Indigenous Peoples Unit HOTLINE – 1-877-213-5630			
Leave a Voicemail (24/7) to receive a response during regular work hours.			

Details

We can help with the following case types in Maine or in the Tribal Courts:

- Forcible Entry and Detainers (Evictions)
- Other Housing Cases (Warranty of Habitability, Discrimination, etc.)
- Protection Orders (PFAs/PFHs)
- Family Law (Parental Rights and Responsibilities, Divorce)
- Consumer (Debt Collection, Student Loans, etc.)
- Public Benefits (Social Security, TANF, etc.)
- Education (Special Education Services, Discrimination, Title IX)
- Probate

We can also represent individuals in criminal matters before the Tribal Court.

We may be unable to take some cases due to capacity, eligibility under funding guidelines, or due to potential conflicts.

SCAM ALERT

Watch out! Scammers target everyone.





Recognize scammers. They may:

- PRETEND to be from an agency or organization you know.
- Say there's a PROBLEM or promise a prize.
- PRESSURE you to act immediately.
- Tell you to PAY in a specific way.



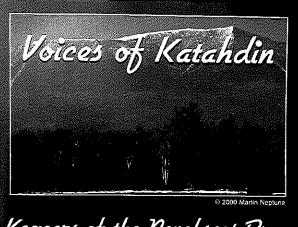
Do not give scammers money or personal information – Ignore them!

How to avoid a scam:

- Remain calm. Talk to someone you trust.
- Hang up or ignore the message. DO NOT click on links or attachments.
- **Protect your money.** Criminals will insist that you pay in a hard-to-trace manner, such as with a gift card, prepaid debit card, cryptocurrency, wire transfer, money transfer, or by mailing cash.
- Protect your personal information. Be skeptical of a contact you didn't initiate.
- Spread the word. Share your knowledge of Social Security-related scams. Post on social media using the hashtag #SlamtheScam to share your experience and warn others. Visit ssa.gov/scam for more information. Please also share with your friends and family.



urnurwurbskek Singers (



Keepers of the Penobscot Drum Native American Music from Maine

These songs are dedicated to the spirit of our

ancestors and to the spirit of Katahdin.



Call 207-991-2764 or email muwin64@hotmail.com to order!

For Sale:

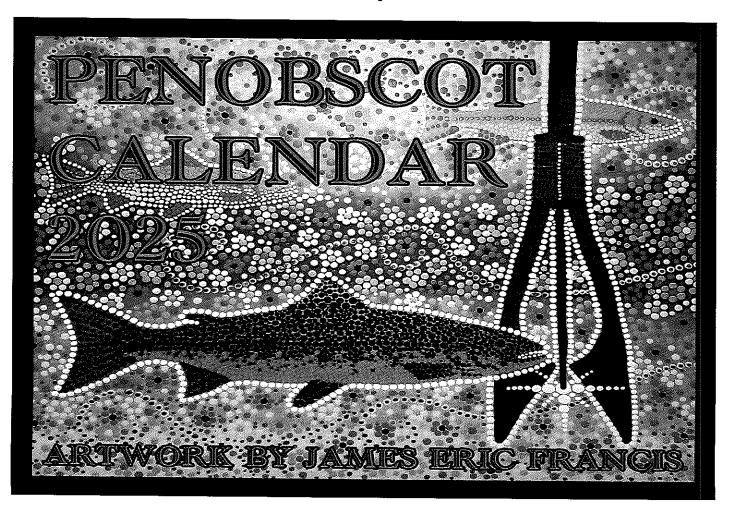
2025 Penobscot Calendars

\$10 per calendar

Cash Only

Pick up at Tribal Administration Building

12 Wabanaki Way, Indian Island



<u>Penobscot Nation</u> <u>Job Opportunities</u>

Position Available:	Closing Date
Asst. Director of Health Department	Until Filled
Dentist	Until Filled
Patrol Officer	Until Filled
Staff Accountant	Until Filled
Residential Care Administrative Assistant	Until Filled
Residential Care Cleaning Aide	Until Filled
Residential Care CRMA Full-time	Until Filled
Residential Care CRMA Per Diem	Until Filled
Driver/Senior Meals Program Aide	Until Filled
On-call Childcare Worker	Until Filled

For more job information, please visit:

https://www.penobscotnation.org/administration/human-resources/

Lloyd Bryant, Human Resource Director

207-817-7306

Lloyd.bryant@penobscotnation.org